29-YEAR-OLD WHO HAS NEVER
PRACTICED SPORT AND DOESN'T
WANT TO RUN

YOU HAVE A LEARNING DISABILITY
AND AN ASSOCIATED PHYSICAL
DISABILITY WHICH MAKES YOU
WALK REALLY SLOWLY.

50-YEAR-OLD, VERY WILLING TO PRACTICE SPORT. YOU HAVE GREAT DIFFICULTY IN FOLLOWING SIMPLE INSTRUCTIONS.

PHYSICALLY CAPABLE PLAYER WITH A LIGHT LEARNING DISABILITY. YOU LIVE WITH YOUR PARENTS AND DON'T LEAVE YOUR HOUSE AT WEEKENDS.

PHYSICALLY ABLE WITH GREAT
DIFFICULTY IN UNDERSTANDING
SIMPLE INSTRUCTIONS. YOU ARE
AFRAID OF CONTACT.

NO PHYSICAL ISSUES. VERY
CHANGEABLE WITH A CHANCE OF
AGGRESSIVE AND VIOLENT
REACTIONS.

CARER IN VERY BAD SHAPE AND WITH NO KNOWLEDGE OF THE GAME. LITTLE INTEREST IN DOING SPORT. YOU DON'T WORK AT WEEKENDS.

PARENT OF A PLAYER WITH
DISABILITY, IN BAD SHAPE, LIMITED
KNOWLEDGE OF THE GAME BUT
REALLY WILLING TO LEARN HOW TO
PLAY WITH YOUR DAUGHTER.

YOU HAVE DOWN'S SYNDROME. YOU
GET TIRED VERY QUICKLY AND YOU
HAVE ALWAYS BEEN TOLD THAT YOU
CANNOT PRACTICE CONTACT SPORTS.

FORMER RUGBY PLAYER. IN POOR PHYSICAL CONDITION AND TOTALLY IGNORANT OF UNIFIED RUGBY. AS A PLAYER YOU WERE REALLY COMPETITIVE ON THE PITCH.

PLAYER WITH GREAT DISABILITY

AND LOTS OF UNDERSTANDING

PROBLEMS AND LIMITED

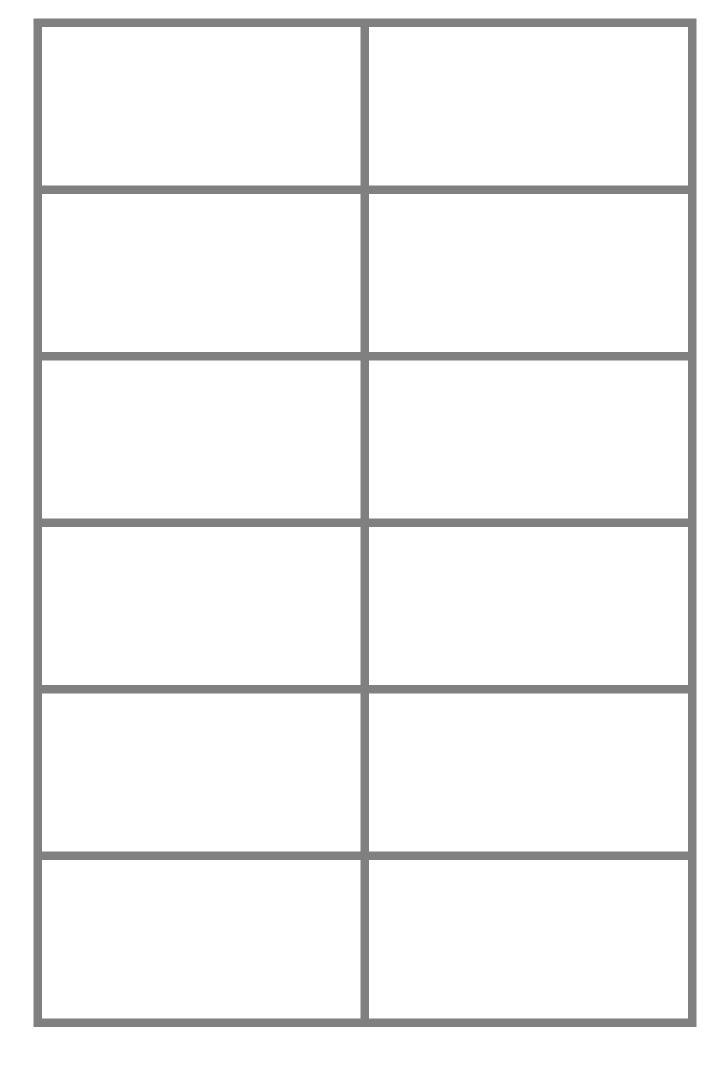
MOVEMENTS. HOWEVER YOU ARE

VERY EAGER TO PICK THE BALL AND

RUN.

YOUNG WOMAN WHO HAS NEVER PLAYED RUGBY. YOU DON'T KNOW HOW TO HOLD THE BALL OR THE RULES.







INSTRUCTIONS

IT'S YOUR FIRST DAY AT A TRAINING SESSION OF A UNIFIED RUGBY TEAM.

TAKE A STEP FORWARD IF YOU CAN FOLLOW THE INSTRUCTION GIVEN, OTHERWISE STAY WHERE YOU ARE.

- 1. YOU CAN GO TO ALL THE TRAINING SESSIONS
- 2. YOU CAN PERFORM A SPINNING RUGBY PASS.
- 3. YOU CAN UNDERSTAND THE COACHES' INSTRUCTIONS FIRST TIME ROUND
- 4. YOU UNDERSTAND THE RULES OF THE GAME
- 5. YOU LIKE RUNNING

10.

- 6. YOU CAN PERFORM A SAFE RUGBY TACKLE
- 7. YOU CAN BE TACKLED BY ANY PLAYER ON THE PITCH
- 8. YOU UNDERSTAND JOKES AND PUNS BY YOUR TEAMMATES
- 9. YOU CAN SOCIALISE WITH YOUR TEAMMATES AFTER TRAINING SESSIONS